



# First Semester

## LIFE MANAGEMENT SKILLS – Pacing Guide



### Mandatory Live Sessions:

Weeks of October 11,  
November 15, January 10

\*Live sessions are group meetings on Zoom (NOT Skype). **You will receive an email with your assigned date/time.** The date on Cosmos is a *reminder* that you have a live session that week. It is NOT the date you should attend.

### Progress Reports:

Via Email: November 15,  
January 10, February 7

### Last Day of the Semester:

**February 4, 2022**

### Office Hours:

Mon. & Wed: 4:30-7:30 PM

Fridays: 5:30-8:30 PM

Tuesday and Thursday:

Available by appointment.

### Click to view Video:

[How to use this pacing guide to create a schedule](#)

Due Date	Assignment
October 15	•Mandatory Live Session 1 – “Welcome Meeting” Assignment
October 17	•Pre-Test (1.01)
October 24	•1.05
October 31	•1.08
November 7	•1.11 •1.14
November 14	•2.03
November 19	•Mandatory Live Session 2 Assignment
November 21	•2.07
November 28	•2.10 •2.12
December 5	•3.02
December 12	•3.05
December 19	•3.09
December 26	•3.11
January 2	•4.03
January 9	•4.07
January 14	•Mandatory Live Session 3 Assignment
January 16	•4.10
January 23	•4.13
January 30	•Midterm (4.15)



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